

Area Agency on Aging

111 West Court Street
Rutherfordton, NC 28139
828-287-2281



Service Guide
2022

Serving Counties

Cleveland
McDowell
Polk
Rutherford

**If you have to choose between
buying groceries or paying your
Medicare bills...**

SHIIP may be able to help.

Extra Help and Medicare Savings Programs are available for those who qualify, but you have to apply. For more information about these money saving programs or for help completing an application, contact SHIIP or your local Area Agency on Aging office.

**www.ncshiip.com
855-408-1212**



NC DEPARTMENT OF
INSURANCE
SENIORS' HEALTH INSURANCE
INFORMATION PROGRAM

Area Agency on Aging

828-287-2281

Mission Statement

To serve as advocate for and facilitator of a comprehensive long term care system which meets the needs of older adults within the region and fosters an environment of independence, quality and grace.

Vision Statement

Creation of a regional long-term care system that offers services across the spectrum of care, from independent living to skilled nursing, providing easy and central access for all older adults.



COVID-19: What to Do If You Feel Sick



1. Stay home and call your doctor, if needed.

Most people who get COVID-19 will recover without needing medical care. The Centers for Disease Control and Prevention (CDC) recommends that you stay home if you have mild symptoms – such as fever and cough without shortness of breath or difficulty breathing. You can call your doctor to see if you need medical care.

Some people are at **higher risk** of getting very sick with COVID-19. People at higher risk should call their doctor if they develop symptoms of fever or cough. You are at higher risk if you:

- Are 65 years and older
- Live in a nursing home or long-term care facility
- Have a high-risk condition that includes:
 - Cancer
 - Chronic Kidney Disease
 - Chronic lung disease
 - Heart disease with complications
 - Compromised immune system
 - Obesity — body mass index (BMI) of 30 or higher
 - Sickle Cell Disease
 - Other underlying medical conditions, particularly if not well controlled, such as diabetes, renal failure or liver disease

People who are pregnant should be monitored since they are known to be at risk for severe viral illness. To date, data on COVID-19 has shown pregnancy **might be at an increased risk for severe illness.**

Call your doctor or 911 right away if you have:

- Shortness of breath
- Difficulty breathing
- Chest pain or pressure
- Confusion
- Inability to wake or stay awake
- Blue lips

Anyone with symptoms, or thinks they have been exposed to COVID-19 should get tested.

If someone tests positive for COVID-19, we want to help ensure that they have the resources they need to get better and to protect their loved ones and neighbors. Most people with COVID-19 recover without needing medical care. If you are experiencing severe, life threatening symptoms, seek immediate medical care.

There are two kinds of tests available for COVID-19: viral tests and antibody tests. A viral (or diagnostic) test tells someone if they currently have COVID-19. An antibody test tells someone if they had the virus before.

2. Isolate yourself.

If you are sick with COVID-19 or believe you might have it, you should stay home and separate yourself from other people in the home as much as possible.



When can I go back to my normal activities?

You can stop isolating yourself when you answer YES to ALL three questions:

- ✓ 1. Has it been at least 10 days since you first had symptoms?
- ✓ 2. Have you been without fever for one day (24 hours) without any medicine for fever?
- ✓ 3. Are your other symptoms improved?

Call your doctor if your symptoms are getting worse or you have any concerns about your health.

What if I'm not sure if I have COVID-19?

If you have fever and cough and other symptoms of respiratory illness, even if it is not from COVID-19, you should isolate yourself as if you have COVID-19. This will reduce the risk of making the people around you sick.

What should my family members do?

Anyone in your household or others who have been in close contact with you should stay home for 14 days as much as possible and monitor themselves for symptoms. Close contact means within six feet for at least 15 minutes. If they start having symptoms of COVID-19, they should take [the same steps](#) to prevent spreading it.

Family members who are healthcare workers, first responders, or others who are needed to respond to the COVID-19 pandemic should review [CDC guidance](#) and check with their employers about when to return to work.

3. Stay informed.

- Visit [ncdhhs.gov/coronavirus](https://www.ncdhhs.gov/coronavirus) for information from the NC Department of Health and Human Services.
- Text COVIDNC to 898-211 to get text updates.
- Find out more information on what to do if you are sick at [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus).



Area Agency on Aging
Region C

Service Guide for Older Adults

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Cleveland County

Emergency.....911

Carolina Poison Control Center 800 -222 - 1222

Sheriff's Office 704 -484 - 4888

Atrium Health Cleveland Hospital980 - 487 - 3000

Doctor's Office _____

Pharmacy_____

Long Term Care Facilities

Adult Care Homes

A custodial level of care provided in a licensed residence for the aged or disabled adults who require some personal care and supervision. The three types of licensed adult care facilities in the state are: family care, rest homes, and group homes for the developmentally disabled adults.

Brookdale Shelby

1425 E. Marion Street

Shelby, NC 28150

(704)481-0150 Fax: (704)471-9935

Cleveland House

950 Hardin Drive

Shelby, NC 28150

(704)480-9800 Fax: (704)480-9803

Elmcroft of Shelby

1550 Charles Road

Shelby, NC 28152

(704)471-2828 Fax: (704)471-2829

Golden Years Rest Home

630 Sugar Hill Road

Lawndale, NC 28090

(704)538-8855 Fax: (704)312-6282

Kings Mountain Care Center

115 Ferguson Drive

Kings Mountain, NC 28086

(704)739-5929 Fax: (704)739-1103

Openview Retirement Center

112 Pony Barn Road

Lawndale, NC 28090

(704)538-8026 Fax: (704)538-3295

Shelby Manor

1176 Wyke Road

Shelby, NC 28150

(704)482-0000 Fax: (704)487-0772

**Summit Place of Kings
Mountain**

1001 Phifer Road

Kings Mountain, NC 28086

(704)739-6772 Fax: (704)739-6449



Family Care Homes

A licensed adult care home that provides residential care for two to six adults who require some supervision and personal assistance, along with room and board, to assure their safety and comfort. The building itself is a normal house and is usually in a regular neighborhood with other homes and families next door.

Focus Community

605 Sugarhill Road
Lawndale, NC 28090
(704)297-1396 Fax: (877)326-4974

Greene Haven Family Care

1833 Stoney Point Road
Shelby, NC 28151
(704)435-8044 Fax: (704)481-7817

Focus Family Care Home

1020 E. Stagecoach Trail
Lawndale, NC 28090
(704)751-2009 Fax: (877)326-4974

Heavenly Touch Care Home

429 Crocker Road
Kings Mountain, NC 28086
(704)739-6429 Fax: (704)734-5967

Gift of Life

1006 Fallston Road
Shelby, NC 28150
(704)482-0861 Fax: (704)482-0861

Howard's Hill Home

1332 E. Stagecoach Trail
Lawndale, NC 28090
(704)538-9677 Fax: (704)312-6050

Gordon's Family Care Home

3727 Rube Spangler Road
Lawndale, NC 28090
(704)538-0116 Fax: (704)538-0116

Lean's Family Care Home

309 Wilson Street
Shelby, NC 28150
(704)481-7826 Fax: (704)481-7826

McCluney Family Care Home

837 West Warren Street
Shelby, NC 28150
(704)477-0382 Fax: (704)406-9721

Morning Star

737 Sugar Hill Road
Lawndale, NC 28090
(704)538-8680

Nellie's Family Care Home

1608 Fallston Road
Shelby, NC 28150
(704)482-0340 Fax: (704)482-0340

Serenity Living

208 Leslie Drive
Shelby, NC 28152
(704)600-6480 Fax: (704)466-3043

Serenity Living Family Care # 2

113 Leslie Drive
Shelby, NC 28152
(704)487-5666 Fax: (704)466-3043

Serenity Living #3

2129 McCraw Road
Mooresboro, NC 28114
(704)434-7256 Fax: (704)434-4836

Serenity Living #4

2127 McCraw Road
Mooresboro, NC 28114
(704)434-7256 Fax: (704)434-4836

Sweet Caroline Assisted Living

110 Greene Drive
Shelby, NC 28150
(980)404-0192 Fax: (980)404-0218

Nursing Homes

A public or private residential facility providing 24 hour skilled nursing care.

Cleveland Pines

1404 North Lafayette Street

Shelby, NC 28150

(980)487-1500 Fax: (980)487-1550

Peak Resources-Shelby

1101 North Morgan Street

Shelby, NC 28150

(704)482-5396 Fax: (704)482-5823

White Oak Manor-Kings Mountain

716 Sipes Street

Kings Mountain, NC 28086

(704)739-8132 Fax: (704)739-8133

White Oak Manor-Shelby

401 North Morgan Street

Shelby, NC 28150

(704)482-7326 Fax: (704)487-7193

Adult Day Care

The provision of group and supervision of adults (who may be physically or mentally disabled) in a place other than their usual residence on a less than 24-hour basis. Services are designed to support the adult's personal independence, as well as their physical, social, and emotional well being.

Life Enrichment Center Kings Mountain

**222 Kings Mountain Blvd.
Kings Mountain, NC 28086
704 - 739 - 4858
www.lifeenrichmentcenter.org**

Life Enrichment Center Shelby

**110 Life Enrichment Blvd.
Shelby, NC 28150
704 - 484 - 0405
www.lifeenrichmentcenter.org**



Alzheimer's Information



Alzheimer's Information and Support - Life Enrichment

**110 Life Enrichment Blvd.
Shelby, NC 28150
704 - 484 - 0405
www.lifeenrichmentcenter.org**

Black Mountain Neuro Medical Treatment Center

**932 Old US 70 Hwy
Black Mountain, NC 28711
828-259-6700**

Western Carolina Alzheimer's Association Charlotte Office

**4600 Park Rd, Suite 250
Charlotte, NC 28209
980 - 498 - 7760
www.alz.org**

Area Agency on Aging

**P.O. Box 841
111 West Court Street
Rutherfordton, NC 28139
828 - 287 - 2281
www.regionc.org**

- An advocate and resource for senior adults.
- Develops an Area Plan for the specific area, and evaluates the effectiveness of the resources in meeting the needs of seniors and enters into agreements with providers of supportive services.
- Furnishes technical assistance in the planning area.

Family Caregiver Support Program

828 - 287 - 2281

- **Bring together community resources to aid family caregivers.**

Regional Long Term Care Ombudsman

828 - 287- 2281

- **Advocates for Resident's Rights**
 - **investigates complaints and concerns**
- that are made by or on behalf of Nursing and Adult Care Home residents.**

The Senior Community Service Employment Training Program - (Title V)

828 - 287 - 2281

- **Provides employment for qualifying older adults**

Credit Counseling

Cleveland County Community Development Cooperation

823 W. Warren St.
Shelby, NC 28150
704 - 480 - 7701
www.clevelandcounty.cdc.org

Consumer Credit Counseling of Cleveland County

201 W. Marion St.
Shelby NC, 28150
704 - 481 - 9419

Family Services, Inc

214 E. Franklin Blvd.
Gastonia, NC 28052
704 - 864 - 7704



Crisis Intervention

Abuse Prevention Council Cleveland County

407 West Warren Street
Shelby, NC 28150
Crisis # 704 - 481 - 0043
Office # 704 - 487 - 9325

American Red Cross

1333 Fallston Road
Shelby, NC 28150
704 - 487 - 8594
clevelandcountyyredcross.org

Cleveland County Emergency Management

100 Justice Pl.
Shelby NC, 28150
704 - 484 - 4841
www.ccncgov.com

- For people with special needs.
- Have contact information in before natural disaster hit

Cleveland County Sheriff's**Department****100 Justice place****Shelby, NC 28150****704 - 484 - 4888****Cleveland County Rescue****Mission****1100 Buffalo St.****Shelby, NC 28150****704 - 481 - 1889****Department of Social Services****130 South Post Road****Shelby, NC 28150****704 - 487 - 0661****clevelandcounty.nc.us/dss****Partners Health Management****901 S. New Hope Road****Gastonia, NC 28054****704 - 884 - 2501****Greater Cleveland County****Baptist Association****1175 Wyke Road****Shelby, NC 28150****704 - 482 - 3472****The Salvation Army Of Shelby****305 N. Lafayette St.****Shelby, NC 28150****704 - 482 - 0375****Kings Mountain Crisis****Ministry****P.O. Box 1335****208 N. Cleveland Ave.****Kings Mountain, NC 28086****704 - 739 - 7256****United Way Of Cleveland
County****132 W. Graham St.****Shelby, NC 28150****704 - 482 - 7344**

Education and Employment

Cleveland Community College

137 South Post Road
Shelby, NC 28152
704 - 669 - 6000

-In some instances tuition or fees may
be waived for ages 65 and over

Cleveland Vocational Industries

650 N. Post Road
Shelby, NC 28150
704 - 471 - 0606

Cooperative Extension Office of Cleveland County

130 South Post Road #1
Shelby, NC 28152
704 - 482 - 4365

Gardner-Webb University

110 South Main Street
P.O. Box 997
Boiling Springs, NC 28017
704 - 406 - 4000

JobLink / Employment Security Commission

404 East Marion St.
Shelby, NC 28150
704 - 480 - 5414

NC Vocational Rehabilitation Services

1427 East Marion St. #A
Shelby, NC 28150
704 - 480 - 5412

The Senior Community Service Employment Training Program - Title V

P.O. Box 841
111 West Court St.
Rutherfordton, NC 28139
828 - 287 - 2281

Elder Abuse and Adult Protective Services

Abuse Prevention Council of Cleveland County

407 West Warren St.

Shelby, NC 28150

Crisis # 704 - 481 - 0043

Office # 704 - 487 - 9325

Adult Protective Services - DSS

P.O. Drawer 9006

130 South Post Road

Shelby, NC 28151

704 - 487 - 0661

Regional Long Term Care Ombudsman Program

P.O. Box 841

111 West Court Street

Rutherfordton, NC 28139

828 - 287 - 2281

www.regionc.org



Financial Assistance

Cherryville Area Ministries

212 North Mountain Street
Cherryville, NC 28021
704 - 435 - 3816

Council on Aging / Leona Smith Neal Senior Center

100 TR Harris Drive
Shelby, NC 28150
704 - 482 - 3488

Department of Social Services

130 South Post Road
Shelby, NC 28150
704 - 487 - 0661

Greater Cleveland County Baptist Association

1175 Wyke Road
Shelby, NC 28150
704 - 481 - 0661

H. Lawrence Patrick Senior Life and Conference Center

909 East King Street
Kings Mountain, NC 28086
704 - 734 - 0447

Kings Mountain Crisis Ministry

P.O Box 1335
208 N. Cleveland Ave.
Kings Mountain, NC 28086
704 - 739 - 7256

Salvation Army
305 N. Lafayette Street
Shelby, NC 28150
704 - 482 - 0375

Social Security Administration

Local Office

707 Schenck Street
Shelby, NC 28150
877 - 405 - 3576

-SSI - Supplement Security Income
-Benefits/Retirement/Disability
-Medicare Part D Supplement
assistance

Tax Office / Assessors

P.O. Box 370
311 E. Marion Street
Shelby, NC 28150
704 - 484 - 4843
-Homestead Exemption

United Way of Cleveland County

P.O. 2242
132 West Graham Street
Shelby, NC 28150
704 - 482 - 7344
www.uweclevco.org

Food and Nutrition Services

Boiling Springs Baptist Church **Food Pantry**

307 South Main Street
Boiling Springs, NC 28017
704-434-6244

Central United Methodist **Church of Kings Mountain** **Community Kitchen**

113 South Piedmont Avenue,
Kings Mountain, NC 28086
704-739-2471

Cherryville Area Ministries

212 North Mountain Street
Cherryville, NC 28021
704-435-3816

Council on Aging - **Cleveland County**

100 T.R. Harris Drive
Shelby, NC 28150
704-482-3488

Emergency Services

Salvation Army - Shelby
305 North Lafayette Street
Shelby, NC 28150
704-482-0375

Empty Tummy Program

320 Old Boiling Springs Road
Shelby, NC 28152
704-482-8302

Episcopal Church of the **Redeemer Soup Kitchen**

502 West Sumter Street
Shelby, NC 28150
704-487-5404

Fallston Baptist Church **Food Pantry**

109 Circle Drive
Fallston, NC 28042
704-538-7161

First Baptist Church Shelby **Soup Kitchen**

120 North Lafayette Street
Shelby, NC 28150
704-482-3467

Greater Cleveland County **Baptist Association**

1175 Wyke Road
Shelby, NC 28150
704-481-9119

Kings Mountain Crisis Ministry

208 North Cleveland Avenue
 Kings Mountain, NC 28086
 704-739-7256

Salvation Army - Shelby

305 North Lafayette Street
 Shelby, NC 28150
 704-482-0375

**Shelby Church of Christ Food
 Pantry**

845 West Warren Street
 Shelby, NC 28150
 704-482-8521

Shelby Presbyterian Food Pantry

226 East Graham Street
 Shelby, NC 28150
 704-487-8503

**U-CAN, Upper Cleveland Area
 Needs, Inc.**

230 East Main Street
 Lawndale, NC 28090
 704-538-8417

**Washington Missionary
 Baptist Church**

1920 Stony Point Road
 Shelby, NC 28150
 704-435-3138

Health**Cleveland County Health
 Department**

200 South Post Rd.
 Shelby, NC 28152
 980 - 484 - 5100

**Cleveland Regional Medical
 Center (Hospital)**

201 East Grover St.
 Shelby, NC 28150
 980 - 487 - 3000

**Cleveland - Rutherfordton
 Kidney Association**

1017 N. Washington St.
 Shelby, NC 28150
 704 - 481 - 9535

Department of Social Services

130 South Post Rd.
Shelby, NC 28150
704 - 487 - 0661
-Medicaid
-Services for the Blind

Kings Mountain Hospital

706 West King St.
Kings Mountain, NC 28086
980 - 487 - 5000

Partners Mental Health

901 S. New Hope Rd.
Gastonia, NC 28054
704 - 884 - 2713

Health Insurance and Medication Assistance

Department of Social Services

130 South Post Rd.
Shelby, NC 28150
704 - 487 - 0661

Senior Health Insurance

Information Program

Council on Aging

100 TR Harris Drive
Shelby, NC 28150
704 - 482 - 3488

Senior Health Insurance

Information Program H. Lawrence and Conference Center

909 East Kings St.
Kings Mountain, NC 28086
704 - 734 - 0447

Social Security

Administration

Local Office
707 Schenck St.
Shelby, NC 28150
877 - 405 - 3576
- SSI - Supplemental Security
Income
- Benefits / Retirement / Disability
- Medicare Part D Supplement
assistance

Home Care Services (Including Respite)

All Ways Caring

1165 County Home Road

Shelby, NC 28152

704-864-4800

Black Mountain Neuro Medical Center Overnight Respite

932 Old US 70 Hwy

Black Mountain, NC 28711

828-259-6700

All-Care Links, Inc.

211 North Lafayette Street

Shelby, NC 28150

704-419-4049

Burris Family Paying It Forward Homecare LLC

413 North Piedmont Avenue

Kings Mountain, NC 28086

980-483-8314

Atrium Health At Home Cleveland

105 T.R. Harris Drive

Shelby, NC 28150

704-487-5225

Care Solutions: Care Management Services

208 East Grove Street

Shelby, NC 28150

980-487-4777

BAYADA Home Health Care, Inc.

1105-3 East Dixon Blvd.

Shelby, NC 28152

704-669-4000

Complete Care, Inc.

404 West Warren Street

Shelby, NC 28150

704-868-4464

D & C Home Care Services

**501 South Dekalb Street
Shelby, NC 28150
(704)954-4436**

Kindred at Home

**1405 N Lafayette Street
Shelby, NC 28150
(704)484-3294**

Faithful Hands Home Care Services, Inc.

**318 East Gold Street; Suite 2
Kings Mountain, NC 28086
(252)377-5712**

Prestige Home Health Care, Inc.

**4822 Albemarle Road; #201
Charlotte, NC 28205
(240) 506-9577**

Interim HealthCare of the Triad, Inc.

**121-A West Marion Street
Shelby, NC 28150
(704)487-5750**



Home Repairs

Community Action Opportunities

25 Gaston St.
Asheville, NC 28801
(828)252-2495

Council on Aging / Leona Smith Neal Senior Center

100 TR Harris Dr.
Shelby, NC 28150
(704)482-3488

Foothills Regional Commission

111 W. Court St.
Rutherfordton, NC 28139
(828)287-2281

NC Bam - NC Baptist Aging Ministry

1(877)506-2226

NC Vocational Rehabilitation & Independent Living

1427 E Marion St. Suite A
Shelby, NC 28150
(704)480-5412

USDA - Rural Development Cleveland County Service Center

844 Wallace grove Rd.
Shelby, NC 28150
(833)663-8732

Hospice

Hospice & Palliative Care of Cleveland County

951 Wendover Heights

Shelby, NC 28150

(704)487-4677

www.hospicecares.cc

Legal Services

Legal Aid of NC - Gaston Office

1508 S. York Road

Gastonia, NC 28052

(704)865-2357

1-800-230-5812



Senior Centers

Council on Aging / Leona Smith Neal Senior Center

100 TR Harris Dr.

Shelby, NC 28150

(704)482-3488

-Serves Seniors 55+ years of age with a broad range of services and activities

-Meals

-Home delivered, delivered to homebound residents

-Senior Health Insurance Information Plan (SHIIP) - Trained Counselors regarding your Medicare claims

-Health Screenings

-Information and Referrals

H. Lawrence Patrick Senior Life And Conference Center

P.O. Box 429

909 East King St.

Kings Mountain, NC 28086

(704)734-0447

-Serves seniors 55+ years of age with a broad range of services and activities

-Congregate meals served at center

-Senior Health Insurance and Information Program (SHIIP) - Trained Counselors regarding your Medicare claims

-Health Screenings

-Information and Referrals

Social Security

Social Security Administration

707 Schenck St.

Shelby, NC 28150

(877)405-3576

- SSI / Retirement / Disability

-Medicare Information

Transportation

Transportation Administration of Cleveland County

952 Airport Rd.

Shelby, NC 28150

(704)482-6465

Veterans

Veterans Service Office

Veterans Service Office

311 E. Marion St.

Shelby, NC 28150

(704)484-4803

McDowell County

Emergency..... 911
Carolina Poison Control Center 800 -222 - 1222
Sheriff's Office..... 828 - 652 - 4000
Mission Hospital McDowell 828 - 659 - 5000

Doctor's Office _____

Pharmacy_____

Long Term Care Facilities

Adult Care Homes

A custodial level of care provided in a licensed residence for the aged or disabled adults who require some personal care and supervision. The three types of licensed adult care facilities in the state are: family care, rest homes, and group homes for the developmentally disabled adult.

Cedarbrook Residential Center

1267 Pinnacle Church Road
Nebo, NC 28761
(828)652-4633 Fax: (828)659-1307

McDowell House

1687 Dairy Road
Nebo, NC 28761
(828)652-5458 Fax: (828)652-4447

Houston House

9460 Hwy 64
Union Mills, NC 28167
(828)287-4943 Fax: (828)287-2556

Rose Hill Retirement Community

120 Fleming Avenue
Marion, NC 28752
(828)652-2504 Fax: (828)659-2518

Lake James Lodge Assisted Living

63 Lakeview Drive North
Marion, NC 28752
(828)652-3038 Fax: (828)652-3775

McDowell Assisted Living

235 NC 226 South
Marion, NC 28752
(828)652-3033 Fax: (828)659-8649

Family Care Homes

A licensed adult care home that provides residential care for two to six adults who require some supervision and personal assistance, along with room and board, to assure their safety and comfort. The building itself is a normal house and is usually in a regular neighborhood with other homes and families next door.

Fairview Assisted Living

114 Fairview Road
Marion, NC 28752
(828)659-7175 Fax: (828)659-8649

Truetts Family Care Home

728 Ned McGimsey Road
Nebo, NC 28761
(828)652-6256 Fax: (828)652-1331

Mt. View Family Care Home

3341 Old Hwy #10 E
Nebo, NC 28761
(828)659-1516 Fax: (828)659-1516

Wintergreen Assisted Living

323 Fleming Avenue
Marion, NC 28752
(828)652-3988 Fax: (828)659-8649

Nebo Family Care Home

405 Jack Corpening Road
Nebo, NC 28761
(828)659-1516 Fax: (828)659-1516

Rocky Pass Family Care Home

5349 NC 226 South
Marion, NC 28752
(828)652-7058 Fax: (828)659-8649



Nursing Homes

A public or private residential facility providing 24 hour skilled nursing care.

Autumn Care of Marion

1264 Airport Road
Marion, NC 28752
(828)652-6701 Fax: (828)652-1412

Deer Park Health & Rehabilitation

306 Deer Park Rd.
Nebo, NC 28761
(828)652-3032 Fax: (828)652-7224

Alzheimer's Information

Western Carolina Alzheimer's Association - Asheville Office

31 College Place
Asheville, NC 28801
828-254-7363
www.alz.org

Black Mountain Neuro Medical Treatment Center

932 Old US 70 Hwy
Black Mountain, NC 28711
828-259-6700
www.bmcnc.org
-respite and residential services

Area Agency on Aging

P.O. Box 841
111 West Court Street
Rutherfordton, NC 28139
828 - 287 - 2281
www.regionc.org

- An advocate and resource for senior adults.
- Develops an Area Plan for the specific area, and evaluates the effectiveness of the resources in meeting the needs of seniors and enters into agreements with providers of supportive services.
- Furnishes technical assistance in the planning area.

Family Caregiver Support Program

828 - 287 - 2281

- Bring together community resources to aid family caregivers.

Regional Long Term Care Ombudsman

828 - 287- 2281

- Advocates for Resident's Rights - investigates complaints and concerns that are made by or on behalf of Nursing and Adult Care Home residents.

The Senior Community Service Employment Training Program - (Title V)

828 - 287 - 2281

- Provides employment for qualifying older adults

Credit Counseling

OnTrack Financial Education Counseling

50 S. French Broad Ave. Ste 227
Asheville, NC 28801
828-225-2166

Foothills Credit Counseling

128 Ohio Street
Spindale, NC 28160
828-286-7062

Crisis Intervention

American Red Cross

29 North Garden Street
Marion, NC 28752
828-652-6531

Department of Social Services

145 East Court Street
Marion, NC 28752
828-652-3355

Family Services of McDowell, Inc

62 N. Madison Street
Marion, NC 28752
828-652-6150

-victims shelter for domestic violence/
sexual assault

-Resource and referrals
- Support groups

Vaya Health

200 Ridge Field Court, Suite 206
Asheville, NC 28801
828-225-2785

Education/ Employment

Employment Security

Commission

344 State Street
Marion, NC 28752
828-652-7131

Foothills Industries

300 Rockwell Drive Marion,
NC 28752
828-652-4088

NC Vocational Rehabilitation Services

451 N. Main Street Suite 107
Marion, NC 28752
828-652-2826

McDowell Technical Community College

54 College Drive
Marion, NC 28752
828-652-6021

-in some instances tuition or fees
may be waived for ages 65 and over

The Senior Community Service Employment Training Program - Title V

111 West Court Street
Rutherfordton, NC 28139
828-287-2281

Elder Abuse and Adult Protective Services

Adult Protective Services - DSS

145 East Court Street
Marion, NC 28752
828-652-3355

Regional Long Term Care

Ombudsman Program

P.O. Box 841
111 West Court Street
Rutherfordton, NC 28139
828 - 287 - 2281

Financial Assistance

Department of Social Services

145 East Court Street
Marion, NC 28752
828-652-3355

Maxwell M. Corpening Jr. Memorial Foundation

PO Box 2400
Marion, NC 28752
828-652-0819

Tax Office

60 East Court Street
Marion, NC 28752
828-652-7121
-Homestead Exemption

United Fund

265 Poteat Road
Marion, NC 28752
828-442-4890

Social Security Administration

800 Centre Park Drive
Asheville, NC 28805
1-866-572-8361

- SSI - Supplemental Security Income
- Benefits / Retirement / Disability
- Medicare Part D Supplement assistance

Food and Nutrition Services

Food Pantry

1496 Jacktown Road
Marion, NC 28752
828-803-5869

Grace Community Church

Food Pantry

5182 US 70 West
Marion, NC 28752
828-724-9599

Old Fort Area Crisis Ministries

24 North Spring Street
Old Fort, NC 28762
828-668-0002

St. Johns Episcopal Church**Food Pantry**

289 South Main Street
Marion, NC 28752
828-652-4144

McDowell Mission**Ministries Food Program**

804 State Street
Marion, NC 28752
828-659-3981

McDowell Senior Center

100 Spaulding Road
Marion, NC 28752
828-659-0821

Health**Corpening Memorial****YMCA**

348 Grace Corpening Drive
Marion, NC 28752
828-659-9622

Department of Social Services

145 East Court Street
Marion, NC 28752
828-652-3355
-Medicaid
-Services of the blind

McDowell Department

408 Spaulding Drive
Marion, NC 28752
828-652-6811

Mission Hospital McDowell

430 Rankin Drive
Marion, NC 28752
828-659-5000

Vaya Health

200 Ridgefield Court, Suite 206
Asheville, NC 28801
828-225-2785

**Health Insurance
and Medication
Assistance****Department of Social Services**

145 East Court Street
Marion, NC 28752
828-652-3355

**Senior Health Insurance
Information Program -****Medicare Part D**

McDowell Senior Center
100 Spaulding Road
Marion, NC 28752
828-659-0821

Social Security Administration

800 Centre Park Drive

Asheville, NC 28805

1-866-572-8361

- SSI - Supplemental Security Income
- Benefits / Retirement / Disability
- Medicare Part D Supplement



Home Care Services (Including Respite)

Black Mountain Neuro Medical

Center – Respite

932 Old US 70 Hwy

Black Mountain, NC 28711

828-259-6700

Blue Ridge Home Care

1155 North Main Street Suite 11

Marion, NC 28752

Phone: (828)659-1111

**Carolina Regional
Homecare**

45 Earl Lee Drive
Nebo, NC 28761
Phone: (828)659-5636

**Community Companion
Home Care, LLC**

49-A State Street
Marion, NC 28752
Phone: (828)659-6453

**Encompass Health Home
Health**

70 N. Main Street; Suite 3
Marion, NC 28752
Phone: (828)659-6901

Lily Care Inc.

50 State Street
Marion, NC 2875
Phone: (828)659-8879

Home Repairs

**Community Action
Opportunities**

25 Gaston St.
Asheville, NC 28801
(828)252-2495

**McDowell Housing
Coalition**

60 East Court Street
Marion, NC 28752
828-652-7121

**NC BAM - NC Baptist
Aging Ministry**

1-877-506-2226

**Foothills Regional
Commission**

111 West Court Street
Rutherfordton, NC 28139
828-287-2281

**Vocational Rehabilitation
and Independent Living**

451 N. Main Street, Suite 107
Marion, NC 28752
828-652-2826



Hospice

Hospice of McDowell

575 Airport Road
Marion, NC 28655
828-659-7068

Social Security

Social Security Administration

800 Centre Park Drive
Asheville, NC 28805
866-572-8361

Legal Services

Legal Aid of NC - Morganton Office

211 East Union Street
Morganton, NC 28655
828-437-8280

Veterans

Veterans Service Office

100 Spaulding Road
Marion, NC 28752
828-659-0833

Senior Centers

McDowell Senior Center

100 Spaulding Road
Marion, NC 28752
828-659-0821

-serves seniors 60+ years of age
with a broad range of services and
activities

-Congregate meals served at
center

-Home delivered meals

-Senior Health Insurance
Information Plan

-Trained counselors, to help
questions regarding your

Medicare concerns

-Health screenings

-Information and referral

Polk County

Emergency.....911
Carolina Poison Control Center 800 -222 -1222
Sheriff's Office828-894-3001
St. Luke's Hospital828-894-3311

Doctor's Office _____

Pharmacy_____

Long Term Care Facilities

Adult Care Homes

A custodial level of care provided in a licensed residence for the aged or disabled adults who require some personal care and supervision. The three types of licensed adult care facilities in the state are: family care, rest homes, and group homes for the developmentally disabled adults.

Laurelwoods

1062 West Mills Street
Columbus, NC 28722
(828)894-3900 Fax: (828)894-8290

Ridge Rest Assisted Living

354 Woodland Drive
Columbus, NC 28722
(828)894-8612 Fax: (828)894-8032

Continuing Care Retirement Community

Continuing Care Retirement Communities (CCRC's) are communities that provide a continuum of care to older adults under a contract for the life of an individual or for a period longer than one year.

Tryon Estates

617 Laurel Lake Drive
Columbus, NC 28722
828-894-3083

Nursing Homes

A public or private residential facility providing 24 hour skilled nursing care.

Autumn Care of Saluda

Saluda, NC 28773 501 Esseola Drive
 (828)749-2261 Fax: (828)749-9639

White Oak Manor-Tryon

70 Oak Street
 Tryon, NC 28782
 (828)859-9161 Fax: (828)859-2073

Alzheimer's Information

Western Carolina Alzheimer's Association - Asheville Office

31 College Place
 Asheville, NC 28801
 828-254-7363
 www.alz.org

Black Mountain Neuro Medical Treatment Center

932 Old US 70 Hwy
 Black Mountain, NC 28711
 828-259-6700
 www.bmcnc.org
 -respite and residential services

Area Agency on Aging

P.O. Box 841
111 West Court Street
Rutherfordton, NC 28139
828 - 287 - 2281
www.regionc.org

- An advocate and resource for Senior Adults.
- Develops an Area Plan for the specific area, and evaluates the effectiveness of the resources in meeting the needs of seniors and enters into agreements with providers of supportive services.
- Furnishes technical assistance in the planning area.

Family Caregiver Support Program

828 - 287 - 2281

- Bring together community resources to aid family caregivers.

Regional Long Term Care Ombudsman

828 - 287- 2281

- Advocates for Resident's Rights - investigates complaints and concerns that are made by or on behalf of Nursing and Adult Care Home residents.

The Senior Community Service Employment Training Program - (Title V)

828 - 287 - 2281

- Provides employment for qualifying older adults

Credit Counseling

Foothills Credit Counseling

128 Ohio Street
Spindale, NC 28160
828-286-7062

Crisis Intervention

American Red Cross

231 Ward Street
Columbus, NC 28722
828-894-2700

Department of Social Services

231 Wolverine Trail
Mill Springs, NC 28756
828-894-2100

Family Preservation of NC Inc

94 White Drive
Columbus, NC 28722
828-894-2290

Steps to Hope

60 Ward Street
Columbus, NC 28722
828-894-3702

Thermal Belt Outreach Ministry

134 White Drive
Columbus, NC 28722
828-894-2988

-basic needs, food, clothing, fuel, medical
needs

Vaya Health

200 Ridgefield Court, Suite 206
Asheville, NC 28801
828-225-2785

Education/ Employment

Isothermal Community College

1255 West Mills Street
Columbus, NC 28722
828-894-3092

-in some instances tuition or fees may
be waived for ages 65 and over

NC Cooperative Extension Services

79 Carmel Lane
Columbus, NC 28722
828-894-8218

NC Vocational Rehabilitation Services

277 Commercial Drive
Forest City, NC 28043
828-245-1223

Polk Vocational Services

451 Industrial Park Drive
Columbus, NC 28722
828-894-3041

The Senior Community Service Employment Training Program (Title V)

111 West Court Street
Rutherfordton, NC 28139
828-287-2281

Elder Abuse and Adult Protective Services

Adult Protective Services - DSS

231 Wolverine Trail
Mill Spring, NC 28756
828-894-2100

Regional Long Term Care Ombudsman Program

P.O. Box 841
111 West Court Street
Rutherfordton, NC 28139
828 - 287 - 2281
www.regionc.org

Financial Assistance

Department of Social Services

231 Wolverine Trail
Mill Spring, NC 28756
828-894-2100

Tax Office

51 Walker Street
Columbus, NC 28722
828-894-8500
-Homestead Exemption

Thermal Belt Outreach Ministry

134 White Drive
Columbus, NC 28722
828-894-2988

Food and Nutrition

Salvation Army/ Hendersonville – Food Pantry

2382 Coxe Road
Tryon, NC 28782
828-863-2549

Thursday Table Bethlehem United Methodist Church

235 School Road
Mill Spring, NC 28756
336-479-4563

Thermal Belt Outreach Ministry Food Pantry

134 White Drive
Columbus, NC 28722
828-894-2988

Senior Center Polk County Senior Services

25 Shields Road
Tryon, NC 28782
828-894-0001

Share Thy Bread

Location Varies
Tryon, NC 28782
888-670-5581

Health

Health Insurance and Medication Assistance

Department of Social Services

231 Wolverine Trail
Mill Springs, NC 28765
828-894-2100

Department of Social Service

231 Wolverine Trail
Mill Spring, NC 28756
828-894-2100

Family Preservation Services of NC Inc

94 White Drive
Columbus, NC 28722
828-894-2271

Senior Health Insurance Information Program - Medicare Part D

75 Carmel Lane
Columbus, NC 28722
828-894-0001

Polk County Health

Department
161 Walker Street
Columbus, NC
828-894-8271

Social Security Administration

205 S. Grove Street
Hendersonville, NC 28792
866-964-5053

Polk Wellness Center

801 West Mills Street
Columbus, NC 28722
828-894-2222

Thermal Belt Outreach Ministry

134 White Drive
Columbus, NC 28722
828-894-2100

St Luke's Hospital

101 Hospital Drive
Columbus, NC 28722
828-894-3311

Vaya Health

200 Ridgefield Court, Suite 206
Asheville, NC 28801
828-225-2785



Home Care Services (Including Respite)

ACTS Home Health Agency

619 Laurel Lake Drive
Columbus, NC 28722
Phone: (828)894-2142

Black Mountain Neuro Medical Center – Respite

932 Old US 70 Hwy
Black Mountain, NC 28711
828-259-6700

Bright Star Care

112 N. Trade street, Suite LL12
Tryon, NC 28782
Phone: (828)894-3308

Comfort Keepers

2186 Lynn Road, Unit C
Columbus, NC 28722
Phone: (864)205-7197

Encompass Health Home Health

108 Shuford Drive
Columbus, NC 28722-9411
Phone: (828)894-8296

Home Care Services of the Carolinas

39 Dun Roamin Drive
Saluda, NC 28773
Phone: (828)489-1592

Home Repairs

Community Action Opportunities

25 Gaston Street
Asheville, NC 28801
828-252-2495

Foothills Housing Partnership

PO Box 32
Columbus, NC 28722
828-429-3822

Foothills Regional Commission

111 West Court Street
Rutherfordton, NC 28139
828-287-2281

NC BAM - NC Baptist Aging Ministry

1-877-506-2226

NC Vocational Rehabilitation and Independent Living Services

277 Comerical Drive
Forest City, NC 28043
828-245-1223

Hospice

Hospice of the Carolinas

Foothills

130 Forest Glenn Drive
Columbus, NC 28722
828-894-7000

Smith Phayer Hospice

House

260 Fairwinds Road
Landrum, SC 29356
864-457-9100

Legal Services

Pisgah Legal Services

169 N Main Street
Rutherfordton, NC 28139
828-247-0297

Senior Centers

The Meeting Place

75 Carmel Lane
Columbus, NC 28722
828-894-0001

- serves seniors 60+ years of age with a broad range of services and activities
- Congregate meals served at center
 - Home delivered meals
 - Senior Health Insurance Information Plan
- Trained counselors, to help questions regarding your Medicare concerns
 - Health screenings
 - Information and referral

Social Security

Social Security

Administration

205 S. Grove Street
Hendersonville, NC 28792
866-964-5053

Transportation

Polk County Transportation

Authority

3 Court House Street
Columbus, NC 28722
828-894-8203

Veterans

Veterans Services Office

75 Carmel Lane
Columbus, NC 28722
828-894-0003

Rutherford County

Emergency.....911
Carolina Poison Control Center 800 -222 -1222
Sheriff's Office828-287-6247
Rutherford Regional Hospital.....828-894-3311

Doctor's Office _____

Pharmacy_____

Long Term Care Facilities

Adult Care Homes

A custodial level of care provided in a licensed residence for the aged or disabled adults who require some personal care and supervision. The three types of licensed adult care facilities in the state are: family care, rest homes, and group homes for the developmentally disabled adults.

Brookdale Forest City

493 Piney Ridge Road
Forest City, NC 28043
(828)288-1171 Fax: (828)288-1178

Oakland Living Center

704 Poors Ford Road
Rutherfordton, NC 28139
(828)286-3379 Fax: (828)288-0560

Cedar Creek Living

2270 Oakland Road
Forest City, NC 28043
(828)229-3087 Fax: (828)229-3099

Restwell Home

401 U.S. 221 S. Highway
Rutherfordton, NC 28139
(828)287-4042 Fax: (828)287-4042

Colonial Manor Rest Home

160 Health Care Drive
Rutherfordton, NC 28139
(828)287-7353 Fax: (828)286-4890

Southern Manor Rest Home

390 Hardin Road
Forest City, NC 28043
(828)980-2599 Fax: (828)288-6835

Henderson Care Center

125 Henderson Circle
Forest City, NC 28043
(828)248-3800 Fax: (828)245-3597

Sunnyside Retirement Home

1600 U.S. Highway 221 S.
Forest City, NC 28043
(828)286-3025 Fax: (828)286-9669

Holly Springs Senior Citizens Home

1881 Big Island Road
Rutherfordton, NC 28139
(828)245-7781 Fax: (828)247-0107

Family Care Homes

A licensed adult care home that provides residential care for two to six adults who require some supervision and personal assistance, along with room and board, to assure their safety and comfort. The building itself is a normal house and is usually in a regular neighborhood with other

Hope Care Center # 1

5023 US Highway 64
Union Mills, NC 28167
(828)286-2545 Fax: (828)286-4890

Hope Care Center # 3

136 Yelton's Circle
Forest City, NC 28043
(828)286-4825 Fax: (828)288-6296

Joyful Home Family Care

113 Beacon Hill
Ellenboro, NC 28040-0488
(828)453-0608 Fax: (828)453-0608

Lisa's Family Care Home #1

542 Forest Lake Road
Forest City, NC 28043
(828)447-5523 Fax: (828)286-1427

Lisa's Family Care Home #2

141 Fox Run
Forest City, NC 28043
(828)248-1053 Fax: (828)382-0077

Lisa's Family Care Home #3

149 Reid Street
Forest City, NC 28043
(828)248-1127 Fax: (828)248-1127

Nursing Homes

A public or private residential facility providing
24 hour skilled nursing care.

Accordius Health at Rutherford

188 Oscar Justice Rd.
Rutherfordton, NC 28139
(828)286-9001 Fax: (828)286-9070

Fair Haven Home

149 Fair Haven Drive
Bostic, NC 28018
(828)245-9095 Fax: (828)245-7856

Fair Haven of Forest City

830 Bethany Church Road
Forest City, NC 28043
(828)245-2852 Fax: (828)248-2590

Oak Grove Healthcare Center

518 Old US Hwy 221
Rutherfordton, NC 28139-8670
(828)287-7655 Fax: (828)351-2294

Willow Ridge Rehabilitation and Living Center

237 Tryon Road
Rutherfordton, NC 28139
(828)286-7200 Fax: (828)287-3668

Adult Day Care

The provision of group and supervision of adults (who may be physically or mentally disabled) in a place other than their usual residence on a less than 24-hour basis. Services are designed to support the adult's personal independence, as well as their physical, social, and emotional well being.



Rutherford Life Care

859 Thunder Road
Spindale, NC 28160
828-288-1697

Alzheimer's Information

Alzheimer's Association

Western NC Chapter

31 College Place Suite 105A
Asheville, NC 28801
800-522-2451

Black Mountain Neuro- Medical Treatment Center

932 Old US 70 Hwy
Black Mountain, NC 28711
828-259-6700

Area Agency on Aging

P.O. Box 841
111 West Court Street
Rutherfordton, NC 28139
828 - 287 - 2281
www.regionc.org

- An advocate and resource for senior adults.
- Develops an Area Plan for the specific area, and evaluates the effectiveness of the resources in meeting the needs of seniors and enters into agreements with providers of supportive services.
- Furnishes technical assistance in the planning area.

Family Caregiver Support Program

828 - 287 - 2281

- Bring together community resources to aid family caregivers.

Regional Long Term Care Ombudsman

828 - 287- 2281

- Advocates for Resident's Rights
- investigates complaints and concerns that are made by or on behalf of Nursing and Adult Care Home residents.

The Senior Community Service Employment Training Program - (Title V)

828 - 287 - 2281

- Provides employment for qualifying older adults

Credit Counseling

Foothills Credit Counseling

128 Ohio Street
Spindale, NC 28160
800-567-7062

Crisis Intervention

American Red Cross

838 Oakland Road
Forest City, NC 28043
828-287-1440

Chase Corner Ministries

1604 Chase High Road
Forest City, NC 28043
828-247-0096

Department of Social Services

389 Fairground Road
Spindale, NC 28160
828-287-6165

Family Preservation Services of NC Inc

271-A Callahan-Koon Road
Spindale, NC 28160
828-287-6110

Family Resources

652 South Broadway
Forest City, NC 28043
828-247-1440

Homelessness Prevention

169 North Main Street
Rutherfordton, NC 28139
828-253-0406

Salvation Army Services

417 Duke Street
Forest City, NC 28043
828-287-0119

Partners Mental Health

901 S. New Hope Road
Gastonia, NC 28054
704-884-2501

**Washburn Community
Outreach Center**

2934 Piney Mountain Church Road
Bostic, NC 28018
828-245-5603

Yokefellow

132 Blanton Street
Spindale, NC 28160
828-287-0776

Education/Employment**Isothermal Community
College**

286 ICC Loop Road
Spindale, NC 28160
828-286-3636

**Job Link/Employment
Security Commission**

139 E. Trade Street
Forest City, NC 28043
828-245-9841

**NC Cooperative Extension
Services**

193 Callahan- Koon Road
Spindale, NC 28160
828-287-6010

**NC Vocational Rehabilitation
Services**

277 Commercial Drive
Forest City, NC 28043
828-245-1223

Rutherford Life Services

230 Fairground Road
Spindale, NC 28160
828-286-4352

**The Senior Community Service
Employment Training
Program - Title V**

P.O. Box 841
111 West Court St.
Rutherfordton, NC 28139
828 - 287 - 2281

**Elder Abuse and Adult
Protective Services****Adult Protective Services - DSS**

389 Fairground Road
Spindale, NC 28160
828-287-6165

**Regional Long Term Care
Ombudsman Program**

P.O. Box 841
111 West Court Street
Rutherfordton, NC 28139
828 - 287 - 2281
www.regionc.org

**Financial
Assistance**

Chase Corner Ministries

1604 Chase High Road
Forest City, NC 28043
828-247-0096

**Department of Social
Services**

389 Fairground Road
Spindale, NC 28160
828-287-6165

Salvation Army Services

417 Duke Street
Forest City, NC 28043
828-287-0119

Tax Office/Assessors

PO Box 143
Rutherfordton, NC 28139
828-287-6176

United Way of Rutherford County

668 Withrow Road
Forest City, NC 28043
828-286-3929

Yokefellow

132 Blanton Street
Spindale, NC 28160
828-287-0776

Food and Nutrition

Chase Corner Ministries

1604 Chase High Road
Forest City, NC 28043
828-247-0096

Food Pantry

217 Gilkey School Road
Rutherfordton, NC 28139
828-652-5437

**Food Pantry and Medical
Equipment Closet**

132 Blanton Street
Spindale, NC 28160
828-287-0776

Grace Country Kitchen

537 West Main Street
Forest City, NC 28043
828-245-9141

**New Beginnings Soup
Kitchen**

668 North Washington Street
Rutherfordton, NC 28139
828-286-7692

**Rutherford County Senior
Center**

193 Callahan-Koon Road
Spindale, NC 28160
828-287-6409

**Rutherford Welcome
Table**

264 North Main Street
Rutherfordton, NC 28139
828-287-3704

**Washburn Community
Outreach Center**

2934 Piney Mountain Church
Road
Bostic, NC 28018
828-245-5603

Health

Community Health Center

187 W. Main Street
Spindale, NC 28160
828-288-2881

**Department of Social
Services**

389 Fairground Road
Spindale, NC 28160
828-287-6165

**Family Preservation
Services of NC Inc**

271- A Callahan-Koon Rd
Spindale, NC 28160
828-287-6110

Rutherford Regional Hospital

288 S. Ridgecrest Ave.
Rutherfordton, NC 28139
828-286-5000

Rutherford Health Department

221 Callahan Koon Road
Spindale, NC 28160
828-287-6100

Partners Mental Health

901 S. New Hope Road
Gastonia, NC 28054
704-884-2713

**Health Insurance and
Medication
Assistance**

Department of Social Services

389 Fairground Road
Spindale, NC 28160
828-287-6165

**Senior Health Insurance
Information Program - Medicare**

Part D

193 Callahan Koon Road
Spindale, NC 28160
828-287-6409

Social Security Administration

707 Schenck Street
Shelby, NC 28150
877-405-3576
877 - 405 - 3576

- SSI - Supplemental Security Income
- Benefits / Retirement / Disability
- Medicare Part D Supplement assistance

Home Care Services (Including Respite)

All Ways Caring

420 South Broadway; Suite 102
Forest City, NC 28043
Phone: (828)245-8095

Best Care Home Care, LLC

230 N. Main Street
Rutherfordton, NC 28139-
Phone: (828)838-9786

Black Mountain Neuro Medical Center – Respite

932 Old US 70 Hwy
Black Mountain, NC 28711
828-259-6700

Carolina Assisted Care

120 Wyoming Street
Spindale, NC 28160
Phone: (828)287-0001

Carolina Home Care

2270 College Avenue, Suite 345
Forest City, NC 28043-2469
Phone: (828)245-3575

Encompass Health Home Health

190 North Main Street
Rutherfordton, NC 28139
Phone: (828)286-9097

Harris Home Care, Inc.

150 East Main Street
Forest City, NC 28043
Phone: (828)245-5244

Home Repairs

Community Action

Opportunities

25 Gaston Street
Asheville, NC 28801
828-252-2495

Foothills Regional Commission

111 West Court Street
Rutherfordton, NC 28139
828-287-2281

NC BAM - NC Baptist Aging Ministry

1-877-506-2226



**NC Vocational Rehabilitation
and Independent Living
Services**

277 Comerical Drive
Forest City, NC 28043
828-245-1223

**Rutherford Housing
Partnership, Inc**

686 West Main Street
Forest City, NC 28043
828-248-3431

Hospice

Hospice of Rutherford County

374 Hudlow Road
Forest City, NC 28043
828-245-0095

Legal Services

Pisgah Legal Service

187 West Main Street
Spindale, NC 28160
828-247-0297



Senior Centers

**Senior Center/Rutherford
County**

Department of Aging
193 Callahan-Koon Road
Spindale, NC 28160
828-287-6409

- serves seniors 60+ years of age with a broad range of services and activities
- Congregate meals served at center
 - Home delivered meals
 - Senior Health Insurance Information Plan
- Trained counselors, to help questions regarding your Medicare concerns
 - Health screenings
 - Information and referral

Social Security

**Social Security
Administration**

707 Schenck Street
Shelby, NC 28150
877-405-3576

- SSI - Supplemental Security Income
- Benefits / Retirement / Disability
- Medicare Part D Supplement assistance

Transportation

Rutherford County Transit

**294 Fairground Road
Spindale, NC 28160
828-287-6339**

Veterans

Veterans Service Office

**303 Fairground Road
Spindale, NC 28160
828-287-6185**

Contact Info Changes

If there are any changes to your contact info, please fill out the attached form and mail to:

**Area Agency on Aging
PO Box 841
Rutherfordton, NC 28139**

Name: _____

Address: _____

Phone: _____

Comments: _____
